



## Options Health Walk for Life 2023 • Saturday, May 20

### Golden Hills Community Church

2401 Shady Willow Ln, Brentwood, CA 94513

Walker Check-in: 9:00am • Walk Begins: 10:00am

**FREE LUNCH • AMAZING PRIZES • FAMILY FUN**

#### It's Easy!

- Only a two mile walk – bring the whole family
- Come rain or shine
- Registered walkers will receive a FREE event t-shirt
- Great prize packages for top walkers
- Lunch will be provided
- All walkers are expected to raise a minimum of \$25

**Step 1:** Sign up with your church liaison TODAY and then REGISTER ONLINE to create your personal fundraising page.

**Step 2:** Ask EVERYONE you know to sponsor you. You will be amazed how many will say YES!

**Step 3:** Please be sure all names and addresses are complete and easy to read. Bring your completed Pledge Form(s) and the money you have collected to the Walk (or walk on your own and mail it in).

#### We need YOU now more than ever!

Options Health is the only medically licensed pregnancy center in Contra Costa County that offers no cost/no insurance required comprehensive care and support to low income and uninsured families in the areas of pregnancy and sexual health. As a 501c(3) non-profit organization, this event is crucial to the success of our fundraising efforts in 2023 and your support will help to ensure the sustainability of our programs and services!

#### Our No Cost Programs and Services:

- Pregnancy Testing & Options Consultations
- Limited Obstetrical Ultrasounds
- STI Screening for Chlamydia & Gonorrhea
- Abortion Aftercare
- Mobile Medical Clinic
- EmpowerEd Sexual Health Education Program
- Parenting and Material Assistance Program
- Fatherhood Program: Fathers In Training (FIT)



#### QUESTIONS?

925-827-0100

info@optionshealth.org

# Sponsor Pledge Form

My Goal \$ \_\_\_\_\_

All walkers are expected to raise a minimum of \$25 to participate.

Walker's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_ Church//Team Name \_\_\_\_\_

Credit card donations must be made online. Register online at [optionshealth.org/events](http://optionshealth.org/events) to create your fundraising page.

Please make checks payable to Options Health. Federal Tax ID #68-0026753

**PLEASE PRINT CLEARLY!**

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\$25	\$50	\$100	\$250	Other \$ _____

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