

Options Health Walk for Life 2024 • Saturday, May 18

Golden Hills Community Church 2401 Shady Willow Ln, Brentwood, CA 94513 Walker Check-in: 9:00am • Walk Begins: 10:00am

FREE LUNCH • AMAZING PRIZES • FAMILY FUN

It's Easy!

- Only a two mile walk bring the whole family
- Come rain or shine
- Registered walkers will receive a FREE event t-shirt
- Great prize packages for top walkers
- Lunch will be provided
- All walkers are expected to raise a minimum of \$25

Step 1: Sign up with your church liaison TODAY and then REGISTER ONLINE to create your personal fundraising page.

Step 2: Ask EVERYONE you know to sponsor you. You will be amazed how many will say YES!

Step 3: Please be sure all names and addresses are complete and easy to read. Bring your completed Pledge Form(s) and the money you have collected to the Walk (or walk on your own and mail it in).

We need YOU now more than ever!

Options Health is the only medically licensed pregnancy center in Contra Costa County that offers no cost/no insurance required comprehensive care and support to low income and uninsured families in the areas of pregnancy and sexual health. As a 501c(3) non-profit organization, this event is crucial to the success of our fundraising efforts in 2024 and your support will help to ensure the sustainability of our programs and services!

Our No Cost Programs and Services:

- Medical Grade Pregnancy Testing
- Pregnancy Consultation & Options Counseling
- Limited Obstetrical Ultrasounds
- STI Screening for Chlamydia & Gonorrhea
- Abortion Aftercare
- EmpowerEd Sexual Health Education Program
- Earn While You Learn (EWYL) Parenting Program
- Fathers In Training (FIT) Fatherhood Program



QUESTIONS? 925-827-0100 info@optionshealth.org



Sponsor Pledge Form

Walker's Name			
Address			
City	State	_Zip	Phone
Email	Church//Tea	m Name	

Credit card donations must be made online. Register online at optionshealth.org/events to create your fundraising page.

Please make checks payable to Options Health. Federal Tax ID #68-0026753

PLEASE PRINT CLEARLY!

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