



CALL US (925) 827-0100

EMAIL US info@optionshealth.org

LEARN MORE optionshealth.org

VISIT US 184 E Leland Rd, Pittsburg

TERMS & CONDITIONS

Effective Date: August 2026

Welcome to the Options Health website. By accessing or using this website, requesting services, enrolling in programs, or communicating with us electronically, you agree to these Terms & Conditions. If you do not agree with these terms, please discontinue use of this website and our messaging services.

SMS Messaging Terms

Options Health uses SMS/text messaging to communicate with clients regarding appointments, educational resources, pregnancy support services, parenting programs, follow-up communication, and responses to inquiries initiated by clients.

By providing your mobile phone number through our website, appointment requests, intake forms, program enrollment, or direct communication with Options Health, you consent to receive SMS text messages from Options Health.

Messages may include:

- Appointment reminders
- Educational resources
- Pregnancy support information
- Parenting program updates
- Follow-up communication
- Responses to inquiries you initiate

Message frequency may vary.

Message and data rates may apply.

Reply **STOP** at any time to opt out of future text messages.

Reply **HELP** for assistance.

Consent to receive text messages is **not** a condition of receiving services.

Carriers are **not liable** for delayed or undelivered messages.

For information about how your personal information and mobile information are collected, used, and protected, please review our Privacy Policy.

Website Use

The information provided on this website is intended for informational and educational purposes only. While Options Health strives to provide accurate and current information, we make no guarantees regarding the completeness, accuracy, or reliability of the information provided.

Information provided through this website is not intended to replace professional medical, legal, financial, or mental health advice.

User Responsibilities

By using this website, you agree that you will not:

- Use the website for any unlawful purpose.
- Attempt to gain unauthorized access to any portion of the website or its systems.
- Upload malicious software or harmful code.
- Interfere with the operation or security of the website.
- Violate any applicable local, state, or federal laws.

Intellectual Property

All content on this website, including text, graphics, logos, images, educational materials, downloadable resources, videos, and other content, is the property of Options Health unless otherwise noted and is protected by applicable copyright and intellectual property laws.

No content may be copied, reproduced, distributed, modified, or republished without prior written permission from Options Health.

Third-Party Links

This website may contain links to third-party websites for your convenience. Options Health is not responsible for the privacy practices, policies, or content of those external websites.

Disclaimer

All information, educational materials, and services provided through this website are offered in good faith for informational and educational purposes only. Options Health makes no warranties, express or implied, regarding the availability, completeness, accuracy, or reliability of the information provided.

Limitation of Liability

To the fullest extent permitted by law, Options Health shall not be liable for any direct, indirect, incidental, consequential, special, or punitive damages arising from:

- Your use of this website.
- Your inability to access or use this website.
- Reliance on information provided through this website.
- Participation in programs or services.
- Electronic communications, including SMS/text messaging.

Changes to These Terms

Options Health reserves the right to modify these Terms & Conditions at any time. Changes become effective immediately upon posting to this page. Your continued use of this website or participation in SMS communications after changes are posted constitutes your acceptance of the updated Terms.

Contact Us

If you have questions regarding these Terms & Conditions or our messaging services, please contact us:

Options Health

Website: <https://optionshealth.org/>

Phone: (925) 827-0100

Email: info@optionshealth.org

Address: 184 E. Leland Road, Pittsburg, CA 94565